



Quayside Well-being

SPECIALIST TREATMENTS

...to help speed up the healing process and strengthen the immune system; eliminate toxins and boost energy levels; realign posture and reduce pain; relieve anxiety, headaches and depression. Geraldine works intuitively, drawing on these complementary techniques to find the treatment that right for you.

- **Aromatherapy Massage**
Using essential oils to help you with any condition and soothe away stress and tensions (1 hour).....£45
- **Reflexology**
The feet reflect the whole of the body and so, by working on specific areas, problems in your body can be resolved and healed (1 hour).....£45
- **Spinal Touch**
A very gentle realignment of the pelvis and spine to help alleviate any problems and pain (1 hour).....£45
- **Craniosacral Therapy**
Helping you to move from trauma to health by stimulating your body's self-healing process (1 hour).....£45
- **Therapeutic body massage**
A focus on the deepest layers of muscles can help to release chronic levels of tension in your body.....£45
- **Aqua Detox**
A safe, effective and convenient way to detoxify and to rebalance your body's energy fields and cells.....£18 per treatment (half hour) or £80 for a course of six

ADDITIONAL TREATMENTS

FOR YOUR FACE

- **Personalised facial**

A selection of treatments, techniques and products tailor-made for you from the Germaine de Capuccini skincare range to unblock pores, deep cleanse, nourish, hydrate and desensitise your skin

.....from £45.50

- **Non-surgical microcurrent lifting treatment** ... from £45.50
(a course of treatments is recommended)

FOR YOUR EYES*

- Eyelash tint.....£16
- Eyebrow tint.....£10
- Lash and brow tint.....£20
- Eyebrow trim.....£8
- Eyebrow shape.....£10

FOR YOUR BODY

- Deep back, neck and shoulder massage(half hour) £31
- Hot stone massage using volcanic stone.....(1 hour) £48.50
- Indian head massage.....(half hour) £31

WAXING* AND ELECTROLYSIS

Waxing

- Full leg.....£27
- Full leg and bikini line.....£35.50
- Half leg (lower).....£17
- Half leg and bikini or underarms.....£25
- Forearms.....£18
- Lip or chin.....£12
- Underarms.....£11
- Chest or back.....£19.50
- Normal bikini.....£12.50

Electrolysis

- Up to 15 mins.....£23
- Up to 30 mins.....£33
- Up to 45 mins.....£43

COMBINED TREATMENTS

These are some of our most popular treatments, however we also offer a number of other specialist treatments. Discounts apply for combinations of treatments, please call for details.

* a patch test is required 24 hours before treatment

Geraldine Yarworth A BSR BABTAC

Over 40 years' experience

The Quayside, Biddle & Shipton Warehouse
The Docks, Gloucester GL1 2BY

For your appointment

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